



Menu – February 2010
(14 lunch days)

Alternative: Egg Salad Sandwich on Wheat, with Pretzels, Fruit, Veggie Sticks & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Burrito (egg, sausage, cheese), Hash Browns, Fresh Fruit & Milk	2 Pasta and Meatballs, Tossed Salad, Garlic Toast, Fresh Fruit & Milk	3 Tomato Soup, Toasted Cheese, Fresh Fruit, Milk & Cookie	4 Filet of Chicken Sandwich (lettuce, tomato), Steamed Green Beans, Fresh Fruit & Milk	5 French Bread Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks w/Dip, Fresh Fruit & Milk
8 Multigrain Pancake w/Sausage Patty, Maple Syrup, Fresh Fruit & Milk	9 Chicken Pie w/Puffed Pastry, Steamed Veggies, Cranberry Sauce, Fresh Fruit & Milk	10 <i>Early Release</i>	11 Ham & Cheese Stackers, Steamed Veggies, Fresh Fruit & Milk	12 Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks w/Dip, Fresh Fruit, Milk & Valentine Cookie
15	16	17	18	19
<i>No School – Winter Vacation</i>				
22 Breakfast Sandwich (English muffin, egg, cheese & bacon), Hash Browns, Fresh Fruit & Milk	23 Tuna Sandwich on Wheat, Pretzels, Veggie Sticks w/Dip, Fresh Fruit, Milk & Cookie	24 Lasagna, Tossed Salad, Garlic Toast, Fresh Fruit & Milk	25 Hamburger or Cheeseburger, Oven Fries, Steamed Veggies, Fresh Fruit & Milk	26 French Bread Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks w/Dip, Fresh Fruit & Milk

Always available: P.B.&J. or Cereal: Cheerios or Rice Krispies. All served with yogurt and fresh fruit.
 On meat entree days, Smart Dogs, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.
 Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.